

Carrying Hands

Form of organisation: entire group

Materials: none

Description of the game:

The group forms a trellis and everyone firmly holds tight with the hands of the opposite group member. A volunteer now lies across the holding hands. The group is now trying to lift, lower, shake, roll or rock the volunteer back and forth or to move the volunteer similar to a conveyor belt sometimes forward or sometimes backward.

Objective of the game: The volunteer should feel that he is kept perfectly and safe.