

Header Game(ball game)

Materials: football or volleyball, team bands

Form of organisation:

Teams

Description of the game:

Two teams play handball against each other on a handball court or on a comparable small pitch with two goals. Dribbling is not permitted, i.e. the players may only run without the ball. Goals can only be scored with the head converting an assist by a teammate. Within the goal area, both teams may no longer play the ball by hand but only with their head.